

February 2025 – March 2025

full phils

NEWSLETTER



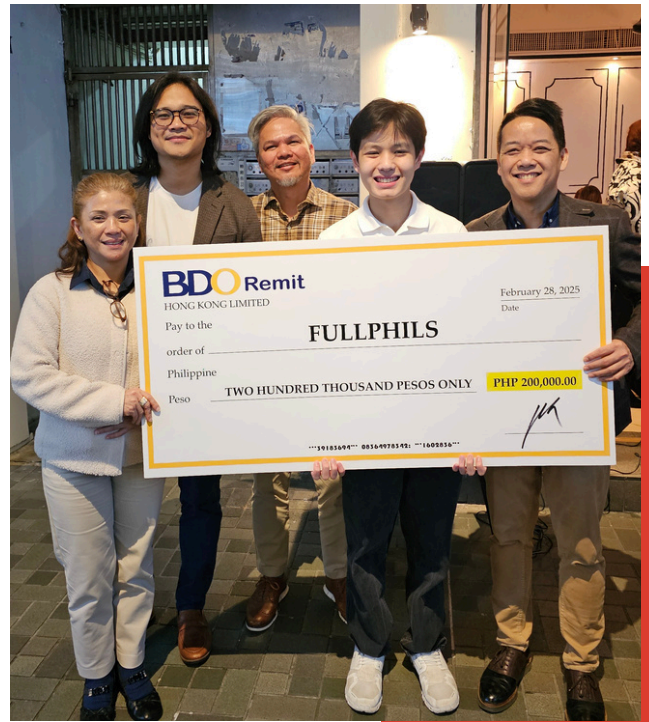
Empowered Together

Stories of Connection and Camaraderie



BDO Remit HK gives back with Full Phils

Last February 28, our founder, Emilio Baja, received a corporate donation of Php 200,000 from BDO Remit Hong Kong Limited at the membership meeting of the Philippine Association of Hong Kong (PAHK). As a charity beneficiary of PAHK, Full Phils is connected to the many Filipino residents and OFWs living in HK who represent diverse business and social interests. We'd like to thank PAHK Vice Chairman Joel Almeda, who is also the VP & Head of Asia Chinese Market of BDO Remit HK, for inviting us!



A friendly and safe space for scholars

Taking control of one's mental and emotional well-being is a very important skill, especially for OFWs who are working so far away from family. Auntie Academy and Full Phils held a coffee chat on mental wellness that goes beyond positive thinking. Led by Crisel Consunji, she explained that we also need to "exercise our minds" for mental wellness. She introduced tools that allowed us to set personal boundaries, communicate more assertively, and be more intentional of our thoughts and words since they become our realities.

Event Partner:



Auntie Academy by Baumhaus HK

Auntie Academy is a series of workshops offered to caregivers and domestic workers in Hong Kong spearheaded by Baumhaus. From dance, singing and cooking workshops, Auntie Academy uses creative arts and practical programs to support their community.

Founded by Crisel Consunji in 2015, Baumhaus is a creative arts center that offers a blend of high-quality facilities and internationally acclaimed music and arts programs, focusing on children aged 0 to 6 years old.

Address: **1st floor, Kar Yau Building, 36 - 44 Queens Road East, Wan Chai, Hong Kong**

Email: info@baumhaus.com.hk

Contact: **(+852) 2321 5898**

Scholar Spotlight



Meet Elie, our youngest Bachelor of Science in Business Administration – Major in Financial Management student! At 29 years old, Elie works tirelessly to support both herself and her youngest brother to finish college. She believes this degree will open doors to a variety of exciting career paths. Her dream is to go back to the Philippines after graduating, so she can work in the private sector as an entrepreneur, financial analyst or financial manager.

Scholar Spotlight



Meet Rosabel, our motivated Bachelor of Science in Business Administration student! Majoring in Management Information Systems, she envisions herself as a successful entrepreneur, empowering not only herself but also her family back in the Philippines. As a financial educator in Hong Kong, she is dedicated to uplifting other OFWs towards financial freedom. When she finishes her college degree, she plans to enter the financial industry and thrive with her newfound knowledge and skills.

Let's support other scholars like Elie and Rosabel who are working hard to gain a college degree in order to fulfill their dreams and reach their higher potential!

Donate to Educate

Philippine Bank Account Name:

FULL PHILS ASSOCIATION INC.

BPI: 0013-0144-42

BDO: 003608014419

Metrobank PHP: 066-7066422654

Metrobank USD: 066-2-066213468

Hong Kong Bank Account Name:

FULL PHILS ASSOCIATION LTD.

BDO Unibank Inc. HKD:

700010064486